



Where to play?

Boccia is not only a recreational sport. With regular local, state and national competitions you can find the level of commitment you are comfortable with. It also presents an opportunity for elite athletes to pursue their dreams through international competitions such as the Paralympics.

Getting involved is easy, simply go to our website **boccia.com.au** and click on the state you are in to get in contact with one of our many clubs throughout Australia.



A skilful, strategic and exciting Paralympic sport.



"In late 2012, I was first introduced to the sport of Boccia through a come and try day put on by Muscular Dystrophy Queensland. Attending as a case worker for MDQ, I joined in the fun, throwing a few balls and enjoyed just having a laugh with my clients. As the come and try day finished, the state coach who was in attendance approached me and said he thought I had a good action and should come down to the local Brisbane City Boccia club some time.

The competitive beast in me and passion for sport had me interested and I went along to Brisbane City Boccia where it started out as a bit of fun. I very quickly grew a hunger for the sport and was keen to learn more about Boccia and wanted to compete at a high level.

In 2013, I was fortunate enough to compete in my first International event, the BISFed 2013 Asia and Oceania Boccia Championships proudly representing Australia in Sydney. From there, I was selected to continue in the Australian Paralympic Boccia program where I love the training and the highly competitive nature of the sport at the top end."

- Jean-Paul LaFontaine



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Boccia ...Gotcha!