

SPRING 2021– AROUND THE COURTS



From the Chair

After a difficult 2020, we are all looking forward to a new start. From boccia at home to boccia at the Nationals in Hobart in November its going to be an exciting 2021!

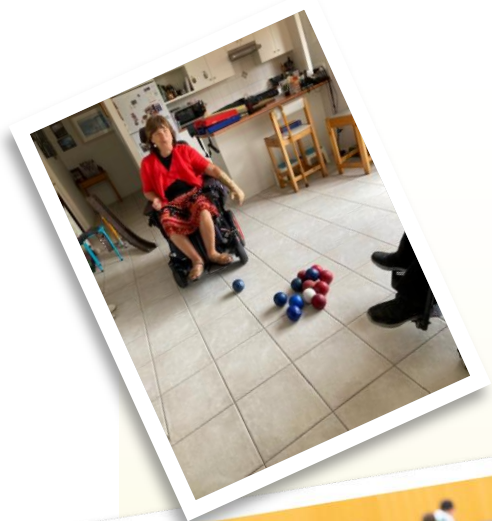
We expect that there will still be problems for us to work around, but with everyone working together I am sure this new year will see our clubs to continue to grow, with competitions being planned again and opportunities for our athletes to get out and enjoy their sport.

2021 will see the Paralympics Games held in Tokyo and it will make exciting viewing with much of it in daylight time!

The AGM will be held on Sunday 7th March at 7.30pm AEDT. All BA members are welcome to attend. Information on the website. To encourage more people to be involved, BA has made registration free for 2020-2021

May your balls run true.

Richard



Save the date!

Tasmanian State Titles

10 - 11th April

More information:
pdst@paraquadtas.org.au

NSW State Titles

To be announced

More information:
nsw@boccia.com.au

Canberra Cup

4-5th September

More information:
act@gmail.com

2021 BA National Titles

November
HOBART

More information:
northwest@paraquadtas.org.au

NSW STATE TITLES

The Boccia NSW State Titles were held on 5th December in a restricted, one-day format due to COVID. The venue was Sydney Olympic Park, and the standard of play was high, especially as this was the first competition for 2020.

The results were:

BC1 - Gold: Christopher Allerdice (Northern Beaches).

Silver: Joseph Jenkins (Hunter).

BC2 - Gold: Aaryan Shah (Northern Beaches). Silver: Scott Elsworth (Northern Beaches). Bronze: Bodhi Boele (Sydney Stars).

BC3 - Gold: Jamieson Leeson (Hunter). Silver: Dan Michel (Cronulla). Bronze: Wendy Evans (Hunter).

BC4/5/EMU - Gold: Phil Bates (Hunter). Silver: Fiona Porch (Penrith). Bronze: Axel Pavy (Northern Beaches). But the best result of all was that we were all back together and playing Boccia after all this time!

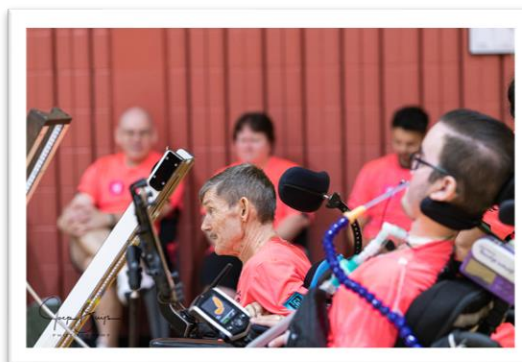
Boccia School Come and Try Days

During November – December Boccia NSW participated in nearly 20 school boccia days. The days were run as a fun learning experience for schools to promote the sport for the NSW School Boccia Knockout competition to be held in 2021. The aim was to showcase the game, teach some basic rules and to also show staff other fun variations they can play/practice back at their schools.



BNSW committee members travelled across NSW from Goulburn to Armidale, Shoalhaven to Coffs Harbor with up to 100 children participating each day. The days were both fun and exciting with primary school as well as high school kids attending, with all levels of disability.





2020 QUEENSLAND STATE TITLES

Mid December saw the 2020 Queensland State Titles or Boccia Bash held in Brisbane with a large group of keen boccia athletes taking to the courts.

The 2 day competition was held at the Brisbane Entertainment Centre, Boondall. The competition was well supported by the great team of volunteers from Sporting Wheelies as well as friends and supporters of the athletes.



BC1/BC2 - Gold: Anisley Pond. Silver: Fiona Lyons

BC3 - Gold: Samuel Thorne. Silver: Will Proctor

BC4/BC5/EMU. Gold: JP LaFontaine. Silver: Trina Stewart

BC1/BC2 - Team. Gold: Anisley Pond, Lachlan Kavanagh & Lochlan Thomas. Silver: Fiona Lyons, Daniel Swart & Danielle Stewart.

BC3 - Pairs: Samuel Thorne & Lachlan Williamson. Silver: Nathan Langdown & Will Proctor.

BC4/BC5/EMU- Pairs: Gold JP Lafontaine & Kat Bowen. Silver: Laura Dawson & Trina Stewart.

Well done everyone!

Congratulations



Jason Mayweather – Australia Day Award

Congratulations to Jason Mayweather who has won the Brisbane City Council Lord Mayor's Australia Day Achievement Award. Jason has been recognized for all of the hard work he does in supporting Sporting Wheelies. Well known in the boccia community as a great athlete and all round good sport, it's great to see our athletes given the recognition they deserve!

NSW Virtual Athletes Hall of Fame

The NSW Athletes Hall of Fame honours, celebrates, and pays due respect to both past & current star athletes of Boccia in NSW in their Virtual Hall of Fame found on their website.

BNSW members are asked to nominate someone who has made a significant contribution to boccia both on and off the court. The athlete chosen is inducted at the annual State Titles



The athletes are:

2019 – Scott Elsworth of Northern Beaches

2018 – Phil Bates of Hunter

2017 – Wendy Evans of Hunter

2016 – Dean Nottle of Central Coast

2015 - Ange McReynolds of Northern Beaches

Check them out on:

<https://www.revolutionise.com.au/bocciansw/athletes-virtual-hall-of-fame/>

New Horizons, Launceston is getting ready for 2019

It will be a big year for boccia in Tasmania with the State Titles in April in Launceston. Then in November the National Titles will be held in Hobart. Both will be great, don't miss events.

The members of the New Horizons Club, both athletes and referees, have started training already



COACHING TIPS

Stages of Play in Boccia

from the Principles of Coaching – Technical Process by BISFed

Set Up

Correct Position to deliver the ball.

- Chair
- Body
- For rampers, lining up the ramp &/or body



Preparation

Throwers should make some practice swings and visualize the ball hitting the target.

Ramper should focus on the preparation and orientation of the ball to ensure an accurate shot.



Delivery

The ball is released in a smooth, controlled way to make sure the ball has the right pace and direction.



Follow through!

The athlete completes the throwing movement in a controlled and consistent way.



See youtube video for more information on the Technical Process -
<https://www.youtube.com/watch?v=hrwvC6YIMNQ&t=1s>

BOCCIA AUSTRALIA UPDATE!

2021 Annual General Meeting

The BA Annual General Meeting will be held virtually on Sunday 7th March at 7.30pm AEDT. All BA members are welcome. State Delegates or their Proxies have voting rights.

Information on the AGM is on our website at

<https://cdn.revolutionise.com.au/cups/boccia/files/hgit0ptjkkxsoer1.docx>



Useful documents

- Australian National Anti-Doping Policy
 - <https://www.sportintegrity.gov.au/what-we-do/anti-doping/world-anti-doping-code/australian-national-anti-doping-policy>
- Framework and Guidelines for Return to Boccia
 - <https://cdn.revolutionise.com.au/news/vfyaypzlul9jb8sx.pdf>
- Boccia & your NDIS Plan
 - <https://cdn.revolutionise.com.au/.../fil.../zcsicfni2g8kmowt.pdf>
- BA Member Protection Policy
 - <https://cdn.revolutionise.com.au/site/yasoqii8uylewca5.pdf>



New World Boccia website

The new BISFed website is called World Boccia and aims to make it easier to use and to better promote our sport. Access the new website and please enjoy!

<https://www.worldboccia.com/>



WorldBoccia

Thank you to everyone who submitted items for this Newsletter from BA. We will keep any unused stories and photos for our next Newsletter. Please feel free to submit more – we want our members to know what happening in boccia across Australia. Photos are particularly welcome!

Send your stories and photos to admin@boccia.com.au